

Being A Mentor Workshop



Mentorship comes with great responsibility

A mentor serves as a teacher, guide, and advocate to a mentee resulting in a mutually beneficial professional relationship over a period of time. The intention of mentoring is not to remediate weak performance, but rather to shape an individual in a required skill, behaviour or path. Being a mentor provides a sounding board that involves sharing of knowledge, insights and direction based on prior experiences to enable better decision making and shaping of the mentee.

The Being a Mentor Workshop provides individuals with the ability to develop themselves as a mentor in order to provide the necessary guidance in a way that makes sense, builds trust, ensures support that is tangible, measurable and results-driven and rewarding for all involved.

What we cover:

- Role of a mentor and mentee
- How to be a great mentor
- Establishing foundations and boundaries
- Identifying outcomes and objectives
- The Relationship PERFORM model
- Feedback vs. criticism
- Managing time and commitment levels

Workshop format:

- Personal development assessment indicating relationship styles, emotional indicators, strengths and competencies.
- 1 day workshop covering mentor and mentee role, tools and insights.
- 3 x 2hr follow up mini-workshop sessions to ensure sustainability and practical application.

Who should attend:

- Individuals who are managing people and want to develop their interpersonal skills.
- Employees that have been identified as future managers or leaders.
- Individuals who are seeking personal growth and development and want to be a mentor.
- Can supplement existing training and development programs.

Contact:

Paula Quinsee | 083 307 0918 | paula@paulaquinsee.com | www.paulaquinsee.com